



Women's Nature Altars: Honoring the Seasons of Life through Compassion, Resilience, and Renewal

Beth Bryce

August 24 – 26, 2026

About the Workshop

The heart that breaks open can contain the whole universe.

— Joanna Macy

A woman's life is marked by seasons — times of blooming, harvesting, resting, releasing, and beginning again. Still, we are rarely taught how to honor the transitions between them. The endings, awakenings, losses, and transformations that shape us often arrive without a map, leaving us standing at the edge of what was and listening for the wisdom of what is becoming.

This immersive workshop provides a sacred space to witness your own becoming, whether you're navigating a relationship ending, an identity shift, a changing role, grief, caregiving, an empty nest, a new calling, or a quiet inner transformation.

Together, we will view life's thresholds not as interruptions to conquer but as sacred journeys — invitations to listen deeply, reconnect with yourself, and honor the resilience that has carried you through every season.



Through nature-based practices, creative altar-making, reflective writing, mindful exploration, and a circle of compassionate witnessing, you will be invited to slow down and care for the parts of yourself that seek attention, healing, and renewal.

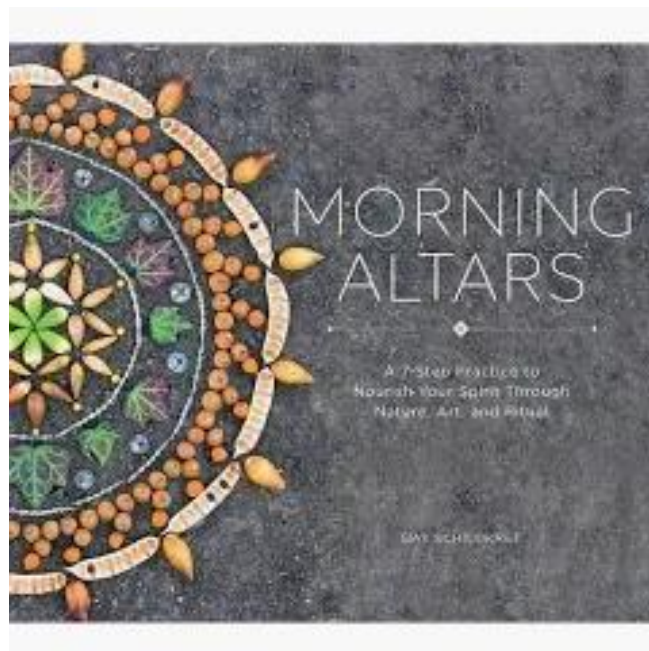
Guided by master coach and ecotherapy facilitator, Beth Bryce, you will explore the *7-Step Practice to Nourish Your Spirit through Nature, Art, and Ritual* by Day Schildkret.

No prior experience with art, writing, or nature-based practices is needed. Bring your story. Bring your questions. Bring the wisdom of everything you have endured, learned, and become.

You are welcome exactly at the threshold where you stand.

Recommended Reading:

Morning Altars: A 7-Step Practice to Nourish Your Spirit through Nature, Art, and Ritual by Day Schildkret





Workshop Details

Crooked River Lodge, Alanson, Michigan

Mon, 8/24	Check-in Lodge	4:00 PM
Mon Evening	Welcome Reception	5:30 – 8:00 PM
Tues, 8/25	Daylong Program	9:00 AM – 9:00 PM
Wed, 8/26	Morning Conclusion	9:00 AM - Noon



- **Accommodations included**
Double Standard \$100 night or Single room option \$200 night
- **Lodge meals included – Vegan & Gluten-free options**
Continental breakfast, gourmet Hors d'oeuvres, lunch, dinner
- **Lodge activities**
Biking & Kayaks, Fire Pit, Indoor Pool & Hot Tub, EV Charging Station
- **Community**
Laughter, connection, support, and real conversations with kindred spirits and phenomenal women
- **Extend your stay**
Downtown Petosky, Tunnel of Trees, Mackinaw City, Wineries



About Beth

As a certified Trauma-Informed Master Coach, Ecotherapist Facilitator, and Educator, I have guided thousands of individuals through career and life transitions using vision coaching, mastermind groups, and retreats featuring creative writing, art therapy, equine therapy, Reiki, and nature-based practices. My passion is helping women navigate challenging transitions and harness their talents and passions to find true fulfillment and well-being across all areas of their lives.

Registration – Limited to 15 participants

- **Workshop Investment**
Local no overnight - \$495
Double Standard w/roommate - \$695
Double no roommate or King room - \$895
- **Meals, activities, workshop facilitation**
- **(2) virtual gatherings on Zoom – Pre/Post Workshop TBD**
- **Deposit and payments are non-refundable after July 8, 2026**
- **\$400 deposit due by July 8 to secure spot, balance due Aug 1**
- **Email Beth to RSVP; you will receive payment instructions**
- **Your Welcome package** will include a detailed agenda, what to pack, how to prepare, extend stay instructions, room selection, liability waiver, food allergies, workshop questionnaire, Zoom information, etc.

EMAIL Beth@bethbryce.com for RSVP and any questions!