



Beth Bryce

& Karen Ely



Present

“A SAFE PLACE TO STAND”

A virtual book club like no other – A Mastermind Group for women navigating life transitions and new chapters. Based on the memoir by Karen Ely, founder of the Sedona Women’s Institute.



Join Us!

For a 12-Week Self-Empowerment Journey

Beth and Karen will guide your self-discoveries and Ahas as we journey through Karen's chapters each week. Join a compassionate and supportive group of women to step into YOUR next chapter bravely and with grace. Registration closes 12/31/23!



Jan - Mar | Saturdays | Noon - 2 PM EST | Zoom

Kick-off Circle 1/6/24

Closing Circle 3/23/24

Limited to 12 Women



"I like stories where women save themselves." ~ Unknown

What you can expect:

- A welcoming, safe, and nurturing environment
- Deep discussion to clarify what's important to you in your life
- Stretch your boundaries and take calculated risks
- Tools to help you move forward on your dreams with support
- Connection to other inspiring women on an intimate level
- Reviewing 1-2 chapters a week with inspiring journaling exercises
- **BONUS #1:** A surprise gift mailed to your home along with your physical manuscript *that you can write notes on!*
- **BONUS #2:** A \$100 discount to attend the in-person retreat in Sedona at the Briar Patch Inn, May 2024)

Spots are limited to 12 women. Registration closes on December 31, 2023.



Program Investment – \$347*

- **Includes the entire cost of the Mastermind (12 Weeks)**
- The \$347 Payment is due in full at the time of registration
- Option to add two (1-hr) personal 1:1 Coaching sessions throughout the program with Beth and/or Karen, **for an additional \$300 (\$500 value)**. A 2-pay plan is available if you add coaching
- Due to the limited nature of this group, we will not issue refunds due to cancellation

How to Register

It would be an honor to help you reignite your life and put your dreams for your next chapter down on paper! To join Beth & Karen's Mastermind, you will need to complete the following:

- [Email Beth](#) for online payment instructions to hold your spot!
- Receive your welcome packet with instructions, guidelines, pre-homework, Facebook/Dropbox access, and a detailed Agenda
- [Contact Beth](#) with any questions!